



## SAFETY TIPS IN CONSTRUCTION

Construction is a high hazard industry that comprises a wide range of activities involving construction, alteration, and/or repair. Construction sites are dynamic activities where workers engage in many activities that may expose them to a variety of safety hazards, such as falling objects, working from rooftops or scaffolding, exposure to heavy construction equipment, or the use of temporary electrical circuits while operating electrical equipment and machinery in damp locations.

In order to prevent work accidents and other health problems among the employees, it is important, that both employers and workers contribute to ensuring the safety of their working environment. The employer bears overall responsibility for the working environment but the employees share responsibility; to follow employer directions, for example and use the personal protective equipment the employer has provided.

# 10 RULES FOR WORKPLACE SAFETY

- 1. You are responsible for your own safety and for the safety of others.**
- 2. All accidents are preventable.**
- 3. Do not take shortcuts. Always follow the rules.**
- 4. If you are not trained, don't do it.**
- 5. Use the right tools and equipment and use them in the right way.**
- 6. Assess the risks before you approach your work.**
- 7. Never wear loose clothes or slippery footwear.**
- 8. Do not indulge in play while at work.**
- 9. Practice good housekeeping.**
- 10. ALWAYS WEAR PPEs.**



## YOUR ARMORY OF PERSONAL PROTECTIVE EQUIPMENT (PPE)

- Always wear appropriate clothing and shoes respective to your job.
- First aid kits must be available and readily attainable.
- Never remove or tamper with safety devices.
- A hard hat will protect you if there's a risk of falling objects, as well steel-toed boots.
- First aid kits must be available and readily attainable.
- Wear gloves if you're handling sharp objects or toxic substances.
- Wear goggles if your work poses a hazard to your eyes.
- Wear safety harnesses if you're working from an elevated location and there's the risk of falling.
- Wear non-skid footwear
- Wear the protective equipment that is intended and recommended for your particular task.